

# Demonopolizing mental health and addictions knowledge

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camh

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## AGENDA

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1

What is Project ECHO?

2

The role of the librarian

3

Access to information

4

Our solutions

5

Big picture solutions

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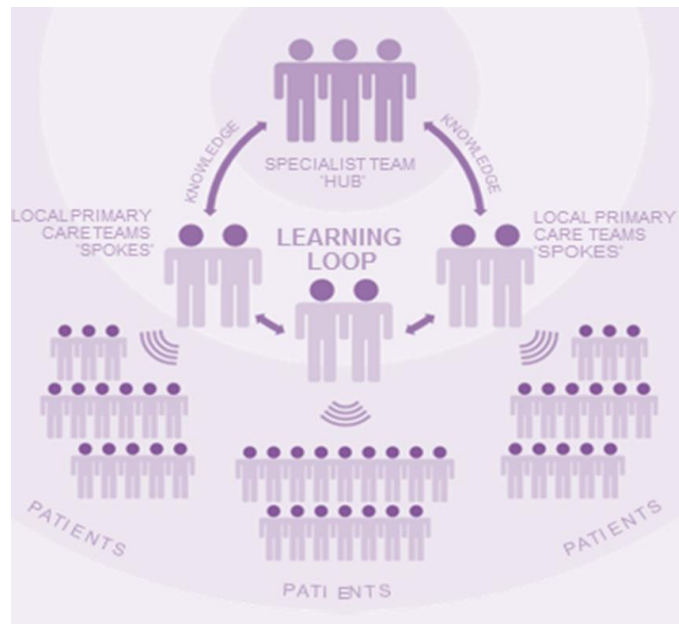
## What is Project ECHO?

**Project ECHO®** is a novel “hub and spoke” educational model



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## Learning Loops



## Structure and format

Weekly 2 hour videoconference sessions led by Hub facilitator

### Didactic lecture (20-30 minutes)

- Curriculum designed to promote best-practices and meet spoke needs

### De-identified case presentations (90 minutes)

- Cases are brought forward by spoke sites and shared with the Community of Practice for discussion and recommendations



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Arora S et al. Public Health Rep 2007

### Hub Team



### Spoke Sites



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## Embedded librarians

### Initial Role:

A research question relating to the case discussion is generated at the end of each session by the participants, librarians research literature/evidence on this topic and post on our internal community of practice website and review during the next session

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## Expanded role

### **Pre-Planning**

- Literature searches to inform **curriculum setting**
- Gather resources/supplementary reading for **individualized learning plans**
- Evidence gathering support for **didactic presentations**
- Advising on **copyright/access issues** for all ECHO-related materials for posting and distribution

### **Weekly activities**

- Gathering **weekly resources** for distribution to spokes
- Present **previous week's resources** at the start of each ECHO session
- Ask for **research questions** at end of each session
- Library **support for spokes** between ECHO sessions

### **Special Projects**

- **Bootcamp** support
  - > Develop resource guide for participants
  - > Deliver instruction at boot camp
- Co-presenter at **medical conferences**

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## Comments from spokes

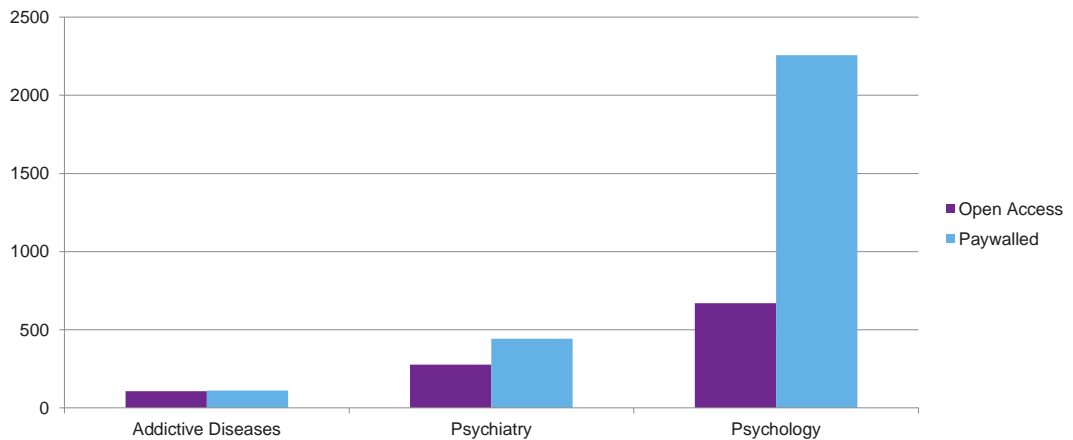
"I had a question about a specific case, and I was interested in the research, so accessing **the librarian was awesome.**"

"Where I am there's no U of T down the hall to go and research stuff...so it's getting that **access to really relevant, current information** that, in my world, I can't access."

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ACCESS TO RESOURCES

## Open access



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1. JAMA Psychiatry
2. Annual Review of Clinical Psychology
3. World Psychiatry
4. American Journal of Psychiatry
5. Depression and Anxiety
6. Journal of Consulting and Clinical Psychology
7. Developmental Disabilities Research Reviews
8. Developmental Review
9. Journal of Psychiatry and Neuroscience
10. Journal of Clinical Psychiatry
11. Journal of Abnormal Child Psychology
12. Addiction Biology
13. Journal of Psychopharmacology
14. Health Psychology
15. Psychoanalytic Quarterly
16. Psychosomatic Medicine
17. Current Opinion in Psychiatry
18. Psycho-Oncology
19. Annals of Behavioral Medicine
20. International Journal of Eating Disorders

## Scimago Journal Rankings 2016

### Limits

- Northern America
- Psychiatry and Mental Health

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1. JAMA Psychiatry
2. Annual Review of Clinical Psychology
3. **World Psychiatry**
4. American Journal of Psychiatry
5. Depression and Anxiety
6. Journal of Consulting and Clinical Psychology
7. Developmental Disabilities Research Reviews
8. Developmental Review
9. **Journal of Psychiatry and Neuroscience**
10. Journal of Clinical Psychiatry
11. Journal of Abnormal Child Psychology
12. Addiction Biology
13. Journal of Psychopharmacology
14. Health Psychology
15. Psychoanalytic Quarterly
16. Psychosomatic Medicine
17. Current Opinion in Psychiatry
18. Psycho-Oncology
19. Annals of Behavioral Medicine
20. International Journal of Eating Disorders

Only 2 of the top 50 journals are open access.

Of all 187 journals listed, only 8 are open access.

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## Survey

21 participants

- Pharmacists
- Physicians
- Counsellors
- Social Workers
- Nurse Practitioners

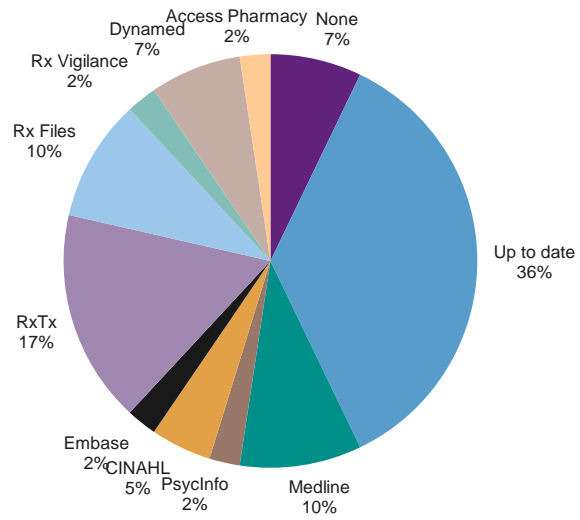
Very quick pen and paper survey

5 questions

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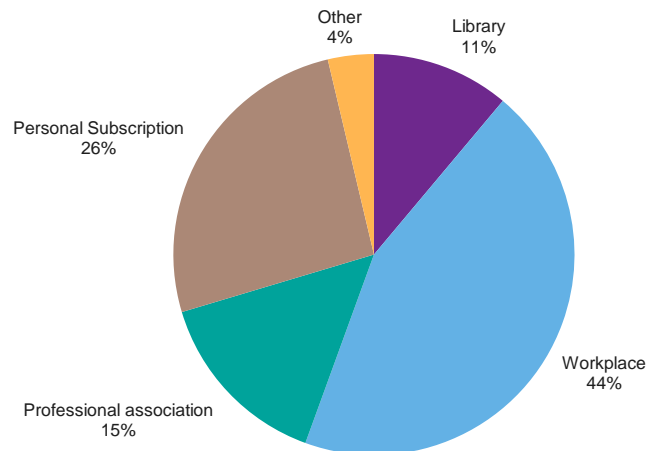


## Subscription resources



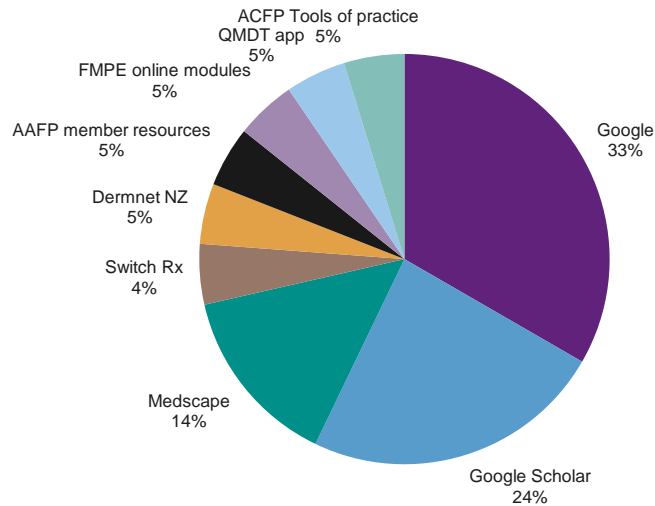
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## Who provides access



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## Free Resources



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## Survey comments

“Starving for good resources”

“Would like to learn more about how to search and how to know if it's good (enough) evidence”

“Some medical practitioners have access [to Up to Date/ RxTx] I can ask them”

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## What we do

Open access education  
Resource guides  
Grey Literature  
Limited information literacy instruction

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## What we want to do

And why we can't do it

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## Global solutions

### National Licenses - Cochrane Library

- New Brunswick, Canada
- Switzerland
- Everyone - 2020, universal open access

### Norwegian Electronic Health Library

- National access (all IP addresses)
- Limited access (specific IP addresses)

### Ontario Digital Public Library?

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QUESTIONS?

## References

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